



WHEATFIELDS Primary School

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Dear Parents and Carers,
'Good to be me'

The theme for this half term's work on developing children's social, emotional and behavioural skills will be **'Good to be me'**. We will be exploring how children can motivate themselves in their learning and across the school.

This theme will start with an assembly and be followed up in class.

Year 5

Children will be taught:

- To talk and write about their opinions, and explain their views, on issues that affect themselves and society.
- To recognise, as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way.
- To resolve differences by looking at alternatives, making decisions and explaining choices.
- To recognise the different risks in different situations and then decide how to behave responsibly.
- To see that their actions affect themselves and others and to care about other people's feelings.
- To be aware of different types of relationships and to develop skills to be effective in relationships.

Year 6

Children will be taught:

- To recognise their worth as individuals, by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals.
- To see that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know and how to ask for help.
- To reflect on spiritual, moral, social and cultural issues, using imagination to understand other people's experiences.
- To see their actions affect themselves and others and to care about the feelings of others.
- To be aware of different types of relationships and to develop skills to be effective in relationships.

Key vocabulary (to be introduced within the theme and across the curriculum)

proud	boastful	jealous	risk
assertive	aggressive	passive	
worry, worried	anxiety, anxious	scared	
inadequate	useless, useful	stressed	

We would be grateful if parents could reinforce vocabulary, used in school, at home.

If you need to discuss any of this further please come and talk to your child's class teacher.

Thank you for your continued support.

Year 5 and 6 teams

